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The Charles Institute Seminar Series

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Online Only (via Zoom)



NEUROFIBROMATOSIS TYPE 1: UPDATE & INSIGHTS

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BIO: Dr Angela Hernández-Martín studied Medicine in Salamanca University, Spain, and completed her specialization in Salamanca, spending different periods in the United States dedicated to Pediatric Dermatology. She now works as a Pediatric Dermatologist at Hospital Infantil Niño Jesús, Madrid, Spain, and is an expert in children skin diseases such as congenital ichthyosis, neuro-cutaneous disorders and other genodermatoses. A popular speaker at national and international congresses, she is Secretary of the *European Society of Pediatric Dermatology (ESPD)*, President of the *Spanish Group of Pediatric Dermatology* and member of the Editorial Board of the *Pediatric Dermatology Journal*. Has co-authored more than 200 publications indexed in PubMed.

Abstract: Neurofibromatosis type 1 (NF1) is a common neurocutaneous disorder, especially impactful in pediatric populations. This seminar will focus on NF1's dermatological manifestations in children, which are often the first sign of the disease. I will review the prevalence and characteristics of key cutaneous findings, including café-au-lait macules (CALs), neurofibromas, and freckling in the axillary or inguinal regions as well as others that are not formal diagnostic criteria but have a high positive predictive value.

The lecture will emphasize the importance of early recognition of these symptoms for timely diagnosis and management.